

Padel scoring cheat sheet

From the FIP Rules of Padel (review 01.01.2026) and USPA Rules and Regulations (June 1, 2026). wildcardsport.com

Situation	Rule
Points	15, 30, 40, game. Three points each = deuce.
Deuce: advantage	Win two points in a row from deuce to take the game.
Deuce: golden point	One deciding point; receivers choose the side and cannot switch.
Deuce: star point	Two advantage cycles; at the third deuce a single deciding point. Used in all USPA-sanctioned events and
Set	First to 6 games by 2; at 6–6 a tie-break.
Tie-break	First to 7 points by 2; set recorded 7–6. Change ends every 6 points.
Match	Best of three sets (formats with a 10-point super tie-break are common).
Changing ends	After games 1, 3 and every odd game of each set.
Rest	20 s between points, 90 s at change of ends, 120 s between sets.

Sources: FIP — https://www.padelfip.com/wp-content/uploads/2025/12/FIP_Rules-of-Padel.pdf

USPA — <https://padelusa.org/wp-content/uploads/2026/06/USPA-Rules-and-Regulations.-June-1-2026.docx.pdf>